



EDGERTON
SCHOOL DISTRICT

LEARN TODAY.

LEAD TOMORROW.

EMPLOYEE WELLNESS & BENEFITS



EMPLOYEE
BENEFITS



FINANCIAL
WELLNESS



MENTAL/FAMILY
WELLNESS



PHYSICAL
WELLNESS



EMPLOYEE BENEFITS

At Edgerton School District, we value our employees and are committed to providing a comprehensive and competitive benefits package. We encourage you to take the time to read through and explore your full benefits options.



FINANCIAL WELLNESS

As a Wisconsin Public School Employee you are eligible for WEA Member Benefits, including financial planning. WEA financial planners specialize in working with Wisconsin public school employees, understand the unique retirement benefits available to you, and are experts in coordinating those benefits.

BENEFIT OPTIONS INCLUDE:

- ✓ Health Plan
- ✓ Health Savings Account Options
- ✓ Dental Plan
- ✓ Vision Plan
- ✓ Flexible Benefit Plan
- ✓ Basic Life, AD&D
- ✓ Long Term and Short Term Disability
- ✓ Identity Theft Coverage
- ✓ Employee Assistance Program for overall wellbeing
- ✓ Financial Assistance
- ✓ Legal Assistance
- ✓ Childcare and Eldercare Assistance

WEA FINANCIAL PLANNING:

- ✓ **Available to ANY ESD Employee**
- ✓ **Free One Hour Consultation:**
 - ✓ Understanding and determining appropriate asset allocation.
 - ✓ Evaluating your retirement savings account options.
 - ✓ Calculating savings goals.
- ✓ Additional services including Portfolio Analysis, Retirement Income Protection and Retirement Income Analysis available for a fee.
- ✓ 403(b) or a WEAC Roth IRA offered through WEA Member Benefits



1-800-279-4030



weabenefits.com



Contribution Example



Benefits

INVESCO 403(b)

Do you currently work with a financial planner? If so, ESD employees also have access to Invesco 403(b) investment options. Please contact the business office for more information.



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Benefits Summary



MENTAL/FAMILY WELLNESS

STATELINE MENTAL HEALTH

Stateline is a private mental health clinic providing counseling and psychotherapy services for individuals of all ages and backgrounds, couples and families.

- ✓ **100% Patient Confidentiality**
- ✓ **Available to ANY ESD Employee**
- ✓ **3 FREE SESSIONS prior to insurance**
- ✓ Anxiety/ Panic Disorders/ Phobias
- ✓ Depression/ Mood Disorders
- ✓ Obsessive Compulsive Disorder (OCD)
- ✓ Anger Management
- ✓ Marital Concerns
- ✓ Stress Management
- ✓ Attention Deficit Hyperactivity Disorder(ADHD)
- ✓ Autism Spectrum Disorders
- ✓ Learning /Developmental Disabilities
- ✓ Abuse / Trauma
- ✓ Post Traumatic Stress Disorder (PTSD)
- ✓ Parental-Child Relationship
- ✓ Domestic Violence
- ✓ Impulse Disorders / Eating Disorders
- ✓ Grief and Loss Guidance
- ✓ Divorce and Blended Family Adjustment
- ✓ LGBTQ+ Issues



608.368.8087



www.statelinemhs.com

EAP SERVICE PROVIDER

Morneau Shepell is your EAP Service provider. They have a broad range and over 20 years of experience to provide our employees with services.

- ✓ **100% Patient Confidentiality**
- ✓ **Available to ANY ESD Employee**
- ✓ Depression/ Stress Management/ Anxiety
- ✓ Marital or Relationship Problems/ Family Conflict
- ✓ Alcohol or Drug Addictions/ Gambling
- ✓ Eating Disorders
- ✓ Financial or Legal Concerns
- ✓ Childcare/ Eldercare



866.451.5465



www.niseap.com



PHYSICAL WELLNESS

SCHOOL EMPLOYEE WELLNESS CLINIC

This clinic provides convenient, hassle-free, LOW COST health care options for ESD Dean Health Plan members.

- ✓ **100% Patient Confidentiality**
- ✓ Annual Preventative Exams
- ✓ Well Child Exams
- ✓ Blood Draws / Labs
- ✓ Outreach for overdue screenings
- ✓ Acute Care – strep throat, ear infection, UTI, rash, etc.
- ✓ Chronic Condition Management
- ✓ Mental Health - immediate support and coordinate future services
- ✓ Establish a wellness plan and make referrals to appropriate resources, such as dietitians, counselors, community resources, etc.

Receive personalized care:

- ✓ Via phone or computer from home or work
- ✓ In Person: Employee Wellness Clinic
11051 N. Sherman Road,
Edgerton, WI 53534



608.884.5080



Schedule on MyChart.ssmhc.com
(After having at least one provider visit.)



Clinic Brochure

WELLNESS ACTIVITIES & PROGRAMS

As part of our wellness initiative, ESD offers the following for all staff:

- ✓ **Available to ANY ESD Employee**
- ✓ Yoga Classes
- ✓ District Sponsored Wellness Days
- ✓ Access to District Facilities
- ✓ Workplace Flexibility to Promote Exercise
use of facilities during breaks and prep-times supported
- ✓ Steeping Wellness Program:
 - ✓ Monthly newsletters with simple tips and tricks to living a balanced life.
 - ✓ Engaging wellness challenges
 - ✓ Connect with Steeping Wellness if you're unsure of where to go for your well-being



www.steepingwellness.com

WHERE DO I GO?



MEDICAL CARE OPTIONS	HOURS/CONTACT	WHAT IS IT?	WHAT CAN THEY TREAT?	COST
SCHOOL EMPLOYEE WELLNESS CLINIC	p: 608-884-5080 Hours M/R: 9:30 AM to 6:00 pm T/W/F: 8:00 am to 4:30 pm Or Schedule on My Chart: MyChart.ssmhc.com (after first visit)	<ul style="list-style-type: none"> ✓ Primary care and care for minor health conditions ✓ Staffed by a PA and RN ✓ Receive Care at the School Employee Wellness Clinic in Edgerton, virtually via your phone or computer, at home or at work 	<ul style="list-style-type: none"> ✓ Annual Preventative Exams ✓ Well Child Exams ✓ Blood Draws / Labs ✓ Outreach for overdue screenings ✓ Acute Care – strep throat, ear infection, UTI, rash, etc. ✓ Chronic Condition Management ✓ Mental Health ✓ Wellness – establish a wellness plan and make referrals to appropriate resources, such as dietitians, counselors, community resources, etc 	0-\$
CONFIDENTIAL EAP ON CALL	p: 866.451.5465 www.niseap.com	<ul style="list-style-type: none"> ✓ First step in finding solutions to personal problems ✓ Mornea Shepell Counselors listen and may direct you to counseling or other assistance 	<ul style="list-style-type: none"> ✓ Depression/ Stress Management / Anxiety ✓ Marital Difficulties/ Relationship Problems/ Family Conflict ✓ Alcohol or Drug Addictions/ Gambling/ Eating Disorders ✓ Financial or Legal Concerns ✓ Childcare/ Eldercare 	0
STATELINE MENTAL HEALTH	p: 608.368.8087 Office Staff Business Hours M-F 8am-5pm Therapy appointments available M-TH 8AM-7PM Friday 8AM-5PM *Saturday appointments on a case-by-case basis	<ul style="list-style-type: none"> ✓ Stateline is a private mental health clinic providing counseling and psychotherapy services for individuals of all ages and backgrounds, couples and families. 	<ul style="list-style-type: none"> ✓ Anxiety/ Panic Disorders/ Phobias ✓ Depression/ Mood Disorders ✓ OCD, ADHD, PTSD ✓ Anger Management / Stress Management ✓ Marital Concerns / Divorce and Blended Family ✓ Autism Spectrum Disorders ✓ Learning/Developmental Disabilities ✓ Abuse/ Trauma/ Domestic Violence ✓ Parental-Child Relationship ✓ Impulse Disorders / Eating Disorders ✓ Grief and Loss Guidance ✓ LGBTQ+ Issues 	0-\$
DEAN NURSE ON CALL	p: 800.576.8773 Available 24/7 Dean On Call	<ul style="list-style-type: none"> ✓ Staffed by RN's ✓ Resource for guidance during natural catastrophes or health outbreaks 	<ul style="list-style-type: none"> ✓ Answer general questions like “how long should I ice my sprained ankle?” ✓ Give advice/referrals of where to go for treatment e.g. ER or primary care doctor 	0
DEAN VIRTUAL E-VISIT	Hours: 24/7 Responses within 12 hrs Access via your MyChart Account OR Visit: deancare.com	<ul style="list-style-type: none"> ✓ Convenient, low cost option for treating common, non-urgent health concerns ✓ A doctor will diagnose the issue online and write a prescription, if necessary. 	<ul style="list-style-type: none"> ✓ COVID-19 (Coronavirus) screening ✓ Upper respiratory infections ✓ Urinary tract infections ✓ Yeast infections ✓ Allergies ✓ Pink eye/conjunctivitis ✓ Acid reflux/GERD 	\$
DEAN TELEMEDICINE	Access via your MyChart Account	<ul style="list-style-type: none"> ✓ Scheduled visit with provider of your choice ✓ Meet with provider via video chat or In some cases a phone call ✓ Same cost as in person visit ✓ Visits can be billed to insurance 	<ul style="list-style-type: none"> ✓ Some preventative care visits ✓ Follow up visits for chronic conditions ✓ Health screenings ✓ Consultations with specialists ✓ Surgery follow-up visits ✓ Therapy management visits ✓ Psychiatry/mental health appointments 	\$\$
PRIMARY CARE	Hours: (TBD based on your Primary Doctors hours/ availability)	<ul style="list-style-type: none"> ✓ Care or treatment of a wide range of health issues ✓ Because of established relationship, can treat based on knowledge of medical history 	<ul style="list-style-type: none"> ✓ Annual Checkup ✓ Immunizations ✓ Minor injuries, such as sprains ✓ Illnesses ✓ Management of chronic conditions 	\$\$
URGENT CARE	Hours: Generally open night and weekends; some open 24/7 Any Dean/SSM provider	<ul style="list-style-type: none"> ✓ Treatment of non-life-threatening injuries or illnesses ✓ Staffed by physicians 	<ul style="list-style-type: none"> ✓ Cold and flu symptoms ✓ Minor accidents or falls ✓ Minor sprains or fractures ✓ Minor cuts and burns ✓ Vomiting, diarrhea 	\$\$\$
EMERGENCY ROOM	Hours: Available 24/7	<ul style="list-style-type: none"> ✓ Immediate treatment for serious, life-threatening conditions ✓ Ready to treat any critical situation 	<ul style="list-style-type: none"> ✓ Chest pain ✓ Difficulty breathing ✓ Severe abdominal pain ✓ Broken bones ✓ Head injuries ✓ Uncontrolled bleeding ✓ Seizures ✓ Coughing or vomiting blood 	\$\$\$